

MAUMELLE PARKS & RECREATION
1st and 2nd Grade Basketball Instructional League
2019-2020 RULES

1. All Children on a team must play as close to one-half of the game as possible.
2. The games will consist of four eight-minute periods, with the clock running continuously, with the following exceptions:
 - Official, injury, or team timeouts.
 - The four minute mark of each period, at which time a one minute substitution break will occur. Possession will not alternate at this point.
 - The last two minutes of the game on dead ball situations.
3. The height of the goals will be set at eight ft. and size five balls (27.5 in) will be used.
4. Games will be refereed by each team's coach, assistant coach, designated referees, or MPR staff. One coach from each team, whether refereeing or not, will be allowed on the court to direct their players. All other coaches must remain along the bench area.
5. From the scorer's table, the clock and game score (when scoring) will be kept by using the electronic score control. **THE HOME TEAM IS RESPONSIBLE FOR SUPPLYING A VOLUNTEER SCOREBOARD KEEPER.**
6. Each team will be allotted two timeouts per half, lasting one minute each. The halftime break will be six minutes.
7. During halftime, each team will send all players to shoot a total of ten free throws, which will count toward their team's game score. One team at a time will shoot their ten free throws, with the visiting team going first. If there is an absence(s) on a team (less than ten players), that/those free throw(s) will be shot by a player(s) that missed their free throw, or if no misses occurred, as chosen by the coach.
8. Only a half court 2-3 zone defense will be used. No variation of a man-to-man defense will be allowed. Defensive players must remain in their respective zones while on defense. Illegal defense will be called on all "triple teams" outside the lane area.
9. Full court presses are not permitted. Defenses must assume their 2-3 zone upon becoming the defensive team. Steals may not be attempted until the ballhandler has fully advanced the ball over the defensive line in the offensive half-court. If a defensive player legally gains control of a ball from an offensive player, the player losing the ball and the rest of his/her team must retreat past the defensive line in their defensive court before attempting a steal. If the no-press rule is violated to the disadvantage of the ballhandler, play must be stopped and the ball awarded out of bounds to the offensive team.
10. Fast breaks will only be allowed on a legal steal. Fast breaks off of rebounds and the opening jump ball are not allowed.
11. Non-shooting fouls and dead ball turnovers will result in the awarded team taking the ball out of bounds. Free throws (two) will only be given for shooting fouls.